
REGISTRATION FORM

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Family Enrichment

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FAMILY ENRICHMENT TORONTO

Family Enrichment is a world wide non-profit organization founded over thirty years ago. It sprang from an ardent desire on the part of concerned parents to strengthen the family in a professional manner. Modern life places great stress on the family, even more so in recent years, and much of the knowledge and skill that may not have been needed by earlier generations, has now become necessary.

The object of **Family Enrichment** is to provide a basis from which modern parents can draw in order to raise children who are both strong in character and have well developed human virtues. The activities provided for parents achieve this objective by encouraging them to think about the very nature of family life, and discover clear ideas and principles that underlie it. **Family Enrichment** assists the parents in sharpening the skills necessary to apply these principles in everyday life.

A pleasant consequence of bringing these concerned parents together is that **Family Enrichment** provides a social milieu where they can find support for themselves and friends for their children. Couples thereby strengthen their own families by the positive influence of these families who share common goals.



FAMILY ENRICHMENT

Toronto

First Steps



*A course for parents with
young children*

fdc

Family Life Development and Culture

OVERVIEW:

First Steps is designed for couples eagerly awaiting their first child and for all parents who have young children, whether one or many.

A baby who has been correctly educated and stimulated by the constant example of his parents, has a capacity to assimilate information which will help him to be intelligent, happy and with a tendency towards the good. It is easy to see how important it is to offer formation for parents, which will help them to realize the importance of this stage in the education of their child and at the same time, encourage them to fall in love with the education of their children. After all, it is not only the duty of the parents to educate their children, but it is also their right and should be their greatest joy.

The child needs to be educated as a whole person, in his entirety. We feel that it is important to look at the entire being of the child and not to be focused on only one aspect of education. Early Childhood Education must give joy to both parents and infants, and must serve to minimize the stress and tension which are many times found in the education of young children. (Mrs. Vicky Teetor Reig., Boston, U.S.A 1995)

CONTENT:

First Steps

Key Aspects of Child Development

The Family Environment

Heredity and Temperament

Communications within Marriage

Siblings

Will and Discipline



First Steps is a practical course to develop basic good habits in young children: orderliness, sleep, good eating habits and hygiene.

It is a course that reminds mothers and fathers that being a parent of young children is fun.

It consists of six general sessions held on Saturday evenings, spread out over several months.

OBJECTIVES:

- ◆ To stimulate and encourage parents with a variety of practical suggestions, ideas and possibilities for the development of their children.
- ◆ To learn to identify opportunities, solve issues and set goals within the family through the “Harvard Case Study” method—an interactive technique for analyzing real life family situations in a practical and positive way.
- ◆ To meet and form friendships with other couples who are committed to improving family life.

This course helps parents to:

- ◆ Better distinguish facts from opinions, promoting objective thinking in family life.
- ◆ Differentiate between important issues and secondary issues.
- ◆ Make informed decisions.
- ◆ Think in terms of the long-range outcome of their parenting.

